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We Want to
Hear From You!

Fog Horn is an initiative to bring together all members of the Synergy Family – our seafarers, shore staff, family members as well as the stakeholders. We would love to hear from you and have your contributions in forthcoming issues as well as for the website. You may share a write up on an inspiring event or your own experience on-board or ashore, a joyous occasion in your family, stories about life, health, fitness, photographs, sketches, drawings by children, poems, get together's or just jokes!

Write to us at editorialteam@synergymarine.sg

Follow us on



Fog Horn

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Dear Friends,

There is a pertinent story about a man who was working on an oil platform in the North Sea. He woke up one night from a loud explosion, which suddenly set his entire oil platform on fire. In mere moments, he was surrounded by flames. Through the smoke and heat, he barely made his way out of the chaos to the platform's edge. When he looked down over the edge, all he could see were the dark, cold, foreboding Atlantic waters.

As the fire approached him, the man had mere seconds to react. He could stand on the platform, and inevitably be consumed by the burning flames. Or, he could plunge 30 meters into the freezing waters. The man was standing upon a "burning platform," and he needed to make a choice.

He decided to jump. It was unexpected. In ordinary circumstances, the man would never consider plunging into icy waters. But these were not ordinary times – his platform was on fire. The man survived the fall and the waters. After he

was rescued, he noted that a "burning platform" caused a radical change in his behaviour.

As an Industry, we too, are standing on a 'burning platform' and we must decide how we are going to change our behaviour.

The falling oil prices may give us the impression that all is hunky-dory again, but friends that may not be the case, even as I write - the Baltic Dry Index is at its lowest level since August'1986 and the market driving iron- ore which accounts for about 30% of all dry bulk freight, is at its lowest level in almost six years!

We must continue to do all we can to operate ships more effectively so that the economics of shipping remain commercially and environmentally viable for ship-owners. It is imperative that we find ways to keep our running costs at an optimal level consistent with safety requirements and minimize any wastage at the same time.

It is in these challenging times that every team member, both ashore and at sea, must rise up to the challenge and extend unwavering support to our ship-owners. We must ensure that there are no claims or off hire against the vessels, inventories are carefully monitored and purchasing done smartly.

The burning platform, upon which the man found himself, caused the man to shift his behaviour, and take a bold and brave step into a bright future. He was able to tell his story.

Now, we have a great opportunity to do the same!

Be safe and blessed.

Rajesh M. Unni



Ship riding audit is a new initiative by British Petroleum on their TC (Time charter) vessels. We are pleased to announce that Synergy is BP's first TC partner to undertake the sailing audit! There is no specific checklist for the audit and the auditor/observer will NOT be following VIQ.

The auditor will observe how the SMS system is actually implemented on board w.r.t. Permit to work system/how the arrival and departure checklist is complied with, planning and executing the cargo and passage plan and day to day operations of the vessel in general.

Our colleague, Capt. Satheesh Chinnadurai, Marine Superintendent, was on-board one of our managed tank-ship which recently went through this sailing audit. Here is an overview of how the week long 'riding audit' progressed;

Day-1

Safety Familiarisation and meeting with senior officers on-board with the auditor. An unannounced Alcohol test was carried out and Capt. Satheesh carried out a training session with the entire crew focussing on the 'permit to work' system.

Day-2

C/E explained the working of the PMS system to the auditor, in addition the auditor was an observer at the tool box meeting, OWS operation and greasing of crane wire and he was impressed by the way the entire process was discussed and how the permit to work (working aloft) was executed. It turned out to be quite an eventful day as a container vessel in the vicinity caught fire and we could see heavy smoke on the horizon, our vessel immediately called for Emergency stations and the entire team was ready to assist the other vessel, if required. The auditor was impressed by the prompt and correct action of our crew to this emergency situation.

Day-3

Engine room and Engine documentation inspection carried out by the auditor.

Day-4

Crew was busy with the tank cleaning operation; the auditor took this opportunity to witness our 'Enclosed space entry' procedures.

Day-5

The auditor keenly observed the procedure followed for mopping up and inerting of cargo tanks.

Day-6

The auditor went through the Pre Arrival load port and E/R pre-arrival checklists; he also observed the Bridge Watch system under pilotage, Arrival mooring stations and the Master- Pilot information exchange.

Day-7

Vessel was alongside and carrying out loading operations, the auditor witnessed the C/O's pre cargo meeting with terminal, the execution of ship-shore checklist and the procedures followed during hose connection and commencement of cargo operation.

USCG also boarded the vessel and endorsed the COC certificate with NIL observations.

The auditor soon disembarked the vessel but not before congratulating the Master and crew for their good efforts and safety consciousness!



With inputs from: Capt. Satheesh Chinnadurai
Marine Superintendent – Tanker Operations

Any machine needs periodic maintenance and care for smooth running. Planned Maintenance System is a tool used to keep machinery in a healthy condition at all given times. Thus increasing the reliability of equipment and at the same time ensures its availability when needed. The maintenance routine of equipment is established by its maker after careful analysis of the statistical data obtained from various sources and conditions. As all such schedules are probabilistic in nature, there cannot be a guarantee towards such projections. Yet those are established with a very high degree of accuracy, the maintenance schedule for equipment as stipulated by a maker, gives a sense of warranty to a customer that if the schedules are maintained and routines carried out properly, the probability of a breakdown would be hugely reduced.

Maintenance program is a recurring cost to an owner. For the economical and efficient operation of a vessel, it is important that an operator takes a call whether a on scheduled maintenance is required on time or it can be deferred for certain duration. Therefore, the planned maintenance program, now days, comes hand-in-hand with the Condition Based Monitoring

system. There are instruments available to measure the health of equipment or software tools can be used to assess the condition of equipment.

Using the Condition Based Maintenance scheme, if the health of equipment can be assessed accurately, then the routine maintenance can be deferred for a reasonable duration. This will reduce the maintenance cost, relatively, to a certain extent.

The decision to defer a planned maintenance job should be judicious and based on technical expertise. As far as possible, the deferment of a planned job of any critical equipment should not be encouraged. Shore and Ship's staff must work in tandem to keep the Planned Maintenance System as effective as practically possible which will ensure, to a greater extent, a trouble-free cost effective operation and smooth sailing of a vessel.



Contributed by: Mr.Pramod Singh
Technical Superintendent

GP rating passing out ceremony - HIMT college



The passing out ceremony of HIMT's GP rating Batch of 2013-14 was conducted on June 17, 2014 at HIMT's Chennai campus in a ceremonial manner.

Capt. Gaurav Bhatia, Marine Superintendent-Fleet Personnel Department, represented Synergy Group and graced the Passing out Parade, which was held as part of the ceremony.

In his address Capt. Bhatia congratulated the students on the successful completion of the course and wished them all the very best for their future endeavors. He concluded by reiterating on the importance of discipline, hard work and patience which are the cornerstones of building a successful career at sea.

Vetting Workshop



A two day interactive vetting workshop for Marine and Technical Superintendents was held on December 17 and 18, 2014 at the Marine Advanced Simulation and Training Institute (MAST) Chennai.

A total of 42 superintendents attended the workshop, which was conducted by Mr. Brijesh Bassi who has recently joined the Synergy Group and brings with him a wealth of experience in vetting policies of various Oil Majors.

The workshop focussed on various aspects of a SIRE inspection, including awareness and importance of the same. The workshop helped in strengthening the knowledge base and emphasized on identifying and preventing high risk observations.

Crew Training at SGO, Manila

February 19, 2015 marked the onset of the first batch of structured training program for Filipino officers and crew at SGO Manila. The program was the result of steady collation of data from past incidents on vessels manned from SGO, to arrive at their root cause and identify the training needs. It was decided to kick start the modules with 'Risk Assessments', 'Permit to Work systems' and 'learning from incidents' to lay the foundation, combining officers and crew together.

This module was spread over 3 days per batch beginning with generic training on day-1, intensive ship specific briefing on day-2, in vessel wise breakaway groups, followed by ShipPalm familiarization on day-3, thus covering 2 batches in a 5 day week. The sessions consisted of interactive presentations, life like exercises as on board with group discussions and team work to carry out the tasks presented. A pre and post course assessment was performed. The turnout was motivating for the participants

and the Training Team consisting of Capt. Krishnakumar Mundath (Marine Superintendent – SMPL), Capt Ronaldo Caoile, Mr Zosimo Sionil (Training Superintendents - SGO), Mr. Rudolfo Fonte (Training Coordinator - SGO), Capt Shivram Voley (Marine Manager-SMPL) and Mr. Justin Nicole (Ship Palm Coordinator - SGO). The participants were enthused and the energy levels ran high at SGO. The sessions concluded with a feedback from participants appreciating and yearning for more such programs followed by Certification of participation.

The current module is designed to encompass all seafarers joining from SGO in a phased manner with future modules catering to officers and crew - deck and engine departments, specifically with an intention of honing the skill sets of our Filipino brethren further. A training matrix is being created and individual trainings recorded, to be able to follow-up closely and bridge the gaps in building stronger and performance oriented teams across the fleet!"



Contributed by:
Capt. Krishna Kumar Mundath
Marine Superintendent



Pain and Joy, Labour and Birth!

Nine months from the date of conception, all the ups and downs in the interim, the unbearable labor pains... it all seems worth it when the little one comes into your arms. Well, in this case, she is far from little, but the joy she gives when she is christened, and pulls away from the yard on her maiden voyage, is comparable to how a parent feels when their new born arrives.

This is exactly how the Synergy Navis Marine team felt when SBI Bravo and SBI Antares cast off their ropes from Nantong and SBI Athena sailed from Chengxi. The take-overs had been a long haul for all of us with harsh winter conditions, the usual last minute surprises and challenges, the pressure to meet deadlines and to top it all the year-end holidays, halting a lot of processes except of course the delivery schedule.



Nevertheless, the conditions did not dampen the spirits of the hundreds of workers who were busy preparing these ladies for delivery and the engineers who were testing her machinery and her fitness for sea, not to forget the team of officers and crew who left their families just before the holiday season and went head on into the task of ensuring that they were ready to sail these vessels out to the high seas.

Virtual teams across the globe were working in unison to make this possible with Synergy Navis Marine at the hub working closely to coordinate the various facets of delivery.

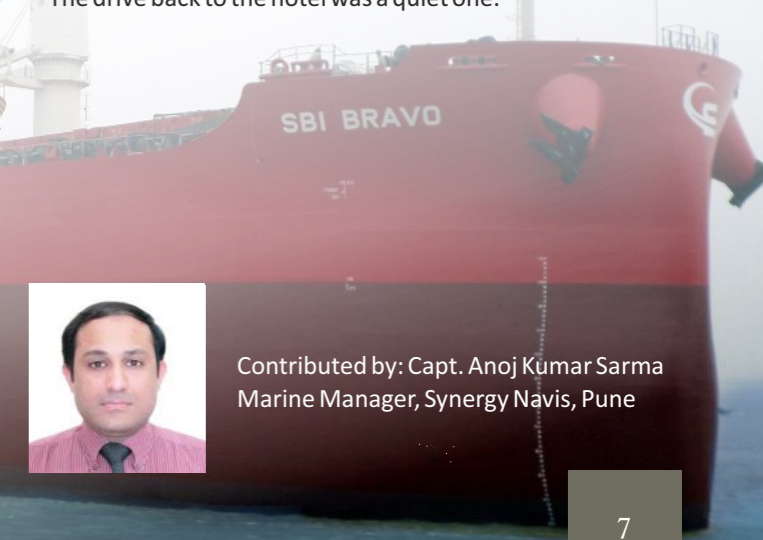
I was personally a part of the SBI Antares team and from the day I arrived Nantong all I experienced was over cast skies, light drizzle, smog and the cold winter weather. However, just the sight of this bright red coloured, 61K DWT vessel, with contrasting white cranes standing tall on her shiny decks generated positive vibes and kept me focused on the task at hand.

I tore out the sheet from the daily calendar on my hotel desk and the date read 30-01-2015. It was the day SBI Antares was to be officially delivered by NACKS shipyard to Owners (Scorpio) and effectively Synergy Navis was, the proverbial 1-2-3-Go, ship manager of 3 brand new Ultramaxs.

We had 24 hours before she sailed and just like me the entire staff just seemed to have their hands full and not a moment to spare. Fortunately, we had the luxury of living on board with the accommodation heated, hot water functional and the cook serving us some nice 'home cooked' food! That night I tossed in bed with an uneasy feeling in my stomach. Had we ensured that everything was in place? Was there something we had missed out? Would the vessel sail out without any issues? Was the staff prepared? The list of questions that kept running through my head was never ending and suddenly the buzz of the alarm on my side table had me up on my feet, drawing open the curtains. To my surprise, I was staring into clear blue skies and bright sunshine.

The air was crisp and even though it was freezing, there was the warmth of the sun rays falling on the vessel as if to say "you are being blessed from above". I walked along the pier reminiscing the times I had been in command, taking over vessels from the shipyard and now I was wearing a different hat. Standing there on the quay, I could visualize the buzz of activity on board the vessel just before she was to sail. I felt the need to be involved and then I started giving instructions to the seafarers on deck "Do this" "Do that" "Remember this" "Don't forget that" and then I said to myself "STOP". They know what they need to do, let them concentrate on the task at hand, stand back... look at it all fall into place and enjoy the moment.

Before I realized it, she had slackened her lines and I quickly walked up and cast off a sternline and suddenly felt at ease. There she was, elegant and beautiful, all set and ready to embark on her maiden voyage. There was a feeling of ecstasy as well as remorse at the thought of saying good-bye to her as she sailed away. I frantically took photographs to post on the delivery mail to all the Synergians who had assisted us in ensuring that this culmination happened smoothly. It was close to noon and in the empty immensity of earth, sky and water, there she was, incomprehensibly sailing down river. I watched the bow plough through the waves, the gap between the ship and the shore gradually increasing till she was a silhouette on the horizon..... The drive back to the hotel was a quiet one.



Contributed by: Capt. Anoj Kumar Sarma
Marine Manager, Synergy Navis, Pune

Synergy's Exclusive

Meet the team - Synergy at Cochin

Since inception Team Synergy Cochin, has applied our core values of transparency, integrity, consistency and credibility to their day to day to work and has been growing from strength to strength!



- | | | |
|---|---|---|
| 1 Name: Mr. Rajeev R Nair
Designation: Technical Superintendent
Hobbies: Playing Cricket, Watching movies | 2 Name: Mr. Joseph Peter
Designation: Technical Manager
Hobbies: Watching Movie & Sports | 3 Name: Mr. Vivek Jain
Designation: Technical Superintendent
Hobbies: Music & Badminton |
| 4 Name: Capt. Govind Azhath
Designation: DPA
Hobbies: Sports & Movies | 5 Name: Mr. Jimmy
Designation: Sr.Travel Executive
Hobbies: Cricket, Movies | 6 Name: Mr. Subin V R
Designation: Executive - Purchase
Hobbies: Watching Movie & Playing Cricket |
| 7 Name: Mr. Binil P S
Designation: Accounts Executive
Hobbies: Watch racing & Solve Rubik's Cube | 8 Name: Mr. Rinshad
Designation: Accounts Executive
Hobbies: Bike Riding, Playing Cricket | 9 Name: Mr. Sachin
Designation: Executive - Purchase
Hobbies: Driving Various Cars |
| 10 Name: Capt. Anurag Gupta
Designation: Marine Superentindent
Hobbies: Music & Cricket | 11 Name: Cpat. Anand V
Designation: Marine Superentindent
Hobbies: Gardening, Pottering | 12 Name: Mr. Jibin Johnson
Designation: Accounts Executive
Hobbies: Body Building, Painting |
| 13 Name: Mr. Anilkumar
Designation: Fleet Personnel Manager
Hobbies: Sports, Movies | 14 Name: Mr. Santhosh Nair
Designation: Asst.Manager (Purchase)
Hobbies: Listening to Music, Long Driving | 15 Name: Mr. Johnbin Thomas
Designation: Manager- Finance & Accounts
Hobbies: Reading, Driving |
| 16 Name: Mr. Kannan N
Designation: Sr. Accounts Executive
Hobbies: Sports & Gmaes, Listening Music | 17 Name: Mr. Suresh Kurup
Designation: Head of Ship Management
Hobbies: Driving and Vegetation | 18 Name: Mr. Kurian Thomas
Designation: Asst. Manager - Travel
Hobbies: Traveling, Hearing Music |
| 19 Name: Mr. John Chandy
Designation: Travel Manager
Hobbies: Music & Sports | 20 Name: Mr. Balu
Designation: Travel Executive
Hobbies: Biking , Photography | 21 Name: Capt. Manoj Eapen Chacko
Designation: Director
Hobbies: Traveling & Watching Sports |
| 22 Name: Mr. Sidharth T R
Designation: Manning Executive
Hobbies: Riding, Listening Music | 23 Name: Ms. Anoocha S
Designation: Manning Executive
Hobbies: Traveling, Reading | 24 Name: Ms. Anu Sabu
Designation: Manning Executive
Hobbies: Traveling, Watching Films |
| 25 Name: Ms. Parvathy Sudhakar
Designation: QHSE Executive
Hobbies: Dance, Playing Shuttle | 26 Name: Ms. Geetha Giridhar
Designation: Accounts Executive
Hobbies: Cooking, Home Décor | 27 Name: Ms. Sheethal Ambrose
Designation: QHSE Executive
Hobbies: Reading & Cooking |
| 28 Name: Capt. Haridas P
Designation: General Manager (OPS)
Hobbies: Traveling & Watching Movies | | |

Synergy's Exclusive

Proud to be a Synergian

Capt Charanjiv. Singh. Nalwa
Marine Superintendent - Manning
No of Years in Synergy : 6
Location : Delhi

I have worked at Synergy for almost 6 years (on their ships & office) and I can honestly say I have never regretted my decision to work here. The atmosphere at Synergy is very professional, but it is also friendly at the same time. The kind, caring, compassionate view by the company and its leadership towards its employees is something that has always. Impressed me in the past and continues to impress me with each passing year. I am proud to be an employee of Synergy, a company that is with you all the way! I want to see the company rising to great heights with each passing year.



Mrs. Joy De Taza Bautista
Crewing Manager - SGO Manila
No of Years in Synergy : 4
Location : Manila

I wanted to take a moment to say how much I appreciated the great insight that Synergy have offered. My Dream's for the passed years that I have started my career On Manning Industry come to big achievement. They have energized me about the road ahead, and is just the kind of innovative thinking to push again to the next level. Warmest thanks to entire team of SGOI MANILA for the hard work and outstanding contributions, I know how much time and energy demanded, and deeply appreciate all efforts to make it a great success. As always, it's great to know that we all can go the extra mile.

Mrs. Krithiga Venkatesan
Asst Manager – Human Resource
No of Years in Synergy : 5
Location : Chennai

I have worked for Synergy Maritime since 2010. From the moment I walked through the door for my first interview, I knew this was an organization to which I wanted to belong. While there have been many changes throughout the years, things that have gone unchanged are the professionalism of the staff, the beauty of the facility, the understanding of leadership, and the "family first" direction of the executives. The kind, caring, compassionate view by the company and its leadership toward employees is something that has always impressed me in the past and continues to impress me with each passing year. I am so proud to be an employee of an organization which stands by its promises to its customers and employees



Mrs. Sheethal Ambrose
QHSE Executive
No of Years in Synergy : 1
Location : Cochin

Though it is not so long since I joined the company I can say, this is an awesome place to work. Usually corporate offices are full of stress & tension, but here one can work peacefully (delight) to be fruitful for the company. This assumes a lot more significance as I am a working mother, I am able to strike a balance between the demands of my work and personal life. I love to be a Synergian as the work culture is a perfect blend of professionalism and charm delight enthusiasm and fun.

Spotlight

More power to Women!

3/Off. Ms. Juria Mochida (ex M.T. Synergy Queen) happens to be the first Japanese Lady Officer in the Synergy fleet and is among the growing group of women who have taken up seafaring as a career. Our Editorial team got in touch with Ms. Mochida on the occasion of the 'International Women's day' for a Q&A session, here is how it unfolded! A special thanks to Capt. M. Kobayashi (Tokyo), for making this possible.



Q1 - Have you always wanted to be a seafarer ? or What made you become a seafarer?

I have had a dream since I was a child to go around the world and I found that this job suits for my desire. Also in the Japanese system to become a seafarer, we have to have experience of being onboard tall ships (sailing ships) more than three months and sail to Hawaii across the Pacific Ocean. When I found out about this system, I aspired to be onboard tall ships. This is also a reason that I wanted to be a seafarer. As I expected, it was a precious experience for me.

Q2 - How long have you been a Seafarer?

I graduated from maritime university just two years ago and I was on board one VLCC for 5 months as Additional Deck Officer. This time on Nave Synergy (Synergy Queen) was my first time as 3rd officer.

Q3 - What do you like most about your job? or What is the best part of your job?

I prefer navigation watch. When we're passing TSS or

coastal water, we're busy and nervous about the operation. It is a big responsibility and a rewarding job. When we are in the open sea, I can see the beautiful ocean and sky. I chose this job to see the ocean and sky, so I'm happy every day when I'm on-board.

Q4 - What kinds of challenges are you faced with while on the job?

I was onboard the last ship as Additional Deck Officer and I didn't have responsibility at that time. This time I had responsibility because I was onboard as 3rd officer. So I tried to execute my job and follow orders exactly.

Q5 - What does one need to do in order to succeed as a Deck officer?

I noticed that Indian seafarers always studied. Examination for getting a license in India is very difficult, so they studied basic a lot. After becoming a seafarer, they study advanced material. I realized I need to study more and a lot of sea experience on board.

Q6 - Why, in your opinion is seafaring not a popular career option with women?

Most boys are interested in cars but most girls aren't. When women are choosing their jobs, they don't have the option to be a seafarer because they don't know about this job, I guess. I sometimes explain about my job to my friends but most people can't understand it fully. It's important to inform many people about the nature of this job.

Q7 - Would you recommend this career to any student?

Of course I would. This job is very important for the world and very fun.

Q8 - Do you have any tips or advice for young women like you on becoming a seafarer?

I sometimes worried about my career because I thought this job would be very hard work for women and I have to be onboard as the only Japanese person among other nationalities. But it's not a big problem. We can enjoy ship life. If I meet some women who worry about their way, I'd

tell them not to worry so much and look towards the future.

Q9 - How was the experience of working with colleagues from different nationalities.

I view the experience this time as valuable. I confused differences of culture, food, mind, philosophy, but I became accustomed to the environment after a month. I'd like to work with many nationalities in order to get to know about a variety of culture.

Q10 - What has been the best moment in your career, thus far?

The best moment in my career is the experience of tall ships. We observed weather and sea condition because we used wind in order to sail. Also we climbed tall masts and pull ropes to spread the sails. I felt Nature and I made many valued friends by having the experience of tall ships.





Name of ship : Xpress Monterosa
Type of ship : Container
Year of build : 2004



Name of ship : SBI Athena
Type of ship : Bulk Carrier
Year of build : 2015



Name of ship : SBI Bravo
Type of ship : Bulk Carrier
Year of build : 2015



Name of ship : Takao Gas
Type of ship : LPG Tanker
Year of build : 1993



Name of ship : X-Press Tajumulco
Type of ship : Container
Year of build : 2010



Name of ship : Freja Hafnia
Type of ship : Tanker
Year of build : 2006



Name of ship : Xpress Yerupaja
Type of ship : Container
Year of build : 2010



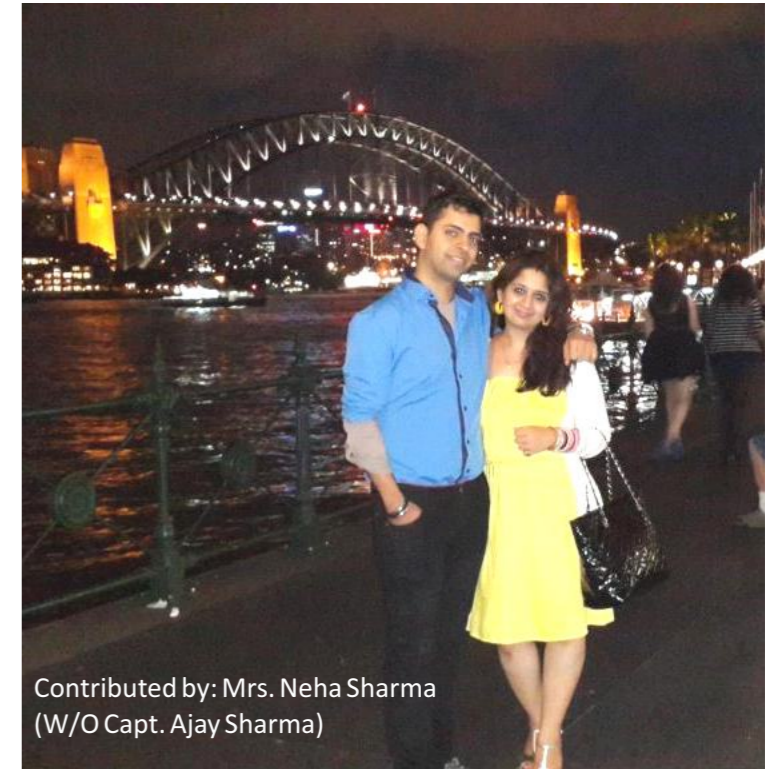
Name of ship : SBI Antares
Type of ship : Bulk Carrier
Year of build : 2015

A sneak peek into their world

Cheers to all the Seafarers & the teams ashore!!

I'm amongst the few lucky ones who is married to a seafarer & this is my second sailing experience onboard. I was excited with the thought that I would now witness the life at sea; the life where you get to explore new places & meet new people. It was captivating to get a 360 degree view of the ocean, thrilling to see dolphins jump in open waters & much more. But life at sea is much more than capturing these beautiful scenic moments or travelling to new places.

As they say everything comes at a cost and the cost that seafarers pay - is being away from their loved ones, missing those social gatherings, not being a part of family celebrations, let go trips with friends & many such occasions. They will go through all of it; sea storms, laborious days of work, sleepless nights when everything goes up and down in rolling & pitching, yet they will never complain and keep the same high spirits.



Contributed by: Mrs. Neha Sharma
(W/O Capt. Ajay Sharma)

After sharing this life at sea my respect for this job & the seafarers has multiplied manifold, I would like to describe the seafarer as:

Sacrificing: his family & social life

Energetic: always keeps the high spirits

Adventurous: landing in the new place each time without knowing the language or the culture.

Fun loving: finding joy in every little thing at sea

Adapting: to new work environment, new place, new team, different climates & different time zones

Reassuring: that the ship and the cargo is safe in the seas, in his watch

Empathetic: they are like a family onboard & give that support at the time of emotional stress

Resilient: tough they stand in those choppy seas and mighty storms

This article would be incomplete without a special word of thanks to the shore staff at Synergy for the invaluable support given to seafarers, it would be impossible to run the show without their support.

I would like to thank Synergy for giving me an opportunity to experience this whole new world.

List of Promotions



Congratulations and best wishes to the following sailing staff who have recently achieved their promotions.

Master Harinarasimman A
Master Lorio, Antonio
Master Murali Mukundan
Master Noor Mohammad
Master Puviyalan
Master Rajasekhar
Master Raman Kapoor
Master Sudarsan Srinivasan

Chief Engineer Hariprasad R
Chief Engineer Nitin Vishnuji Waghmare
Chief Engineer Rishi Aggarwal
Chief Engineer Sidharth K
Chief Engineer Srinivas Reddy
Chief Engineer Talwar Atul
Second Engineer Deepak Gopal
Second Engineer Kubendran

A sneak peek into their world

First Prize in 'Cochin Flower Show'

The 33rd edition of the 'Cochin Flower Show' was held on February 12, 2015. The event displayed about 20,000 flowering plants and theme-based floral design studios. The exhibition also showcased gardening trends and techniques. We are pleased to announce that our colleague Capt. Thomas Zacharia's (ex.APL California) family bagged the first prize in the 'Best Home Garden' category of this prestigious event. Capt. Thomas's father is a keen horticulturist and has been following his passion for aesthetic cultivation of ornamental plants for many years now!



Contributed by: Second officer Sifathullah



Contributed by: Mrs.Ruchi Bhatia wife of Chief Engineer Gladston D'souza

Contributed by: of Fitter Mr. Velkumaran Raju



Our Team on board Shanghai Dawn



Independence day celebration on board Lilac Victoria



The beginning of the new year, First Sunrise contributed by: Capt. Firuz. A. Kolahi on board Nave Equinox

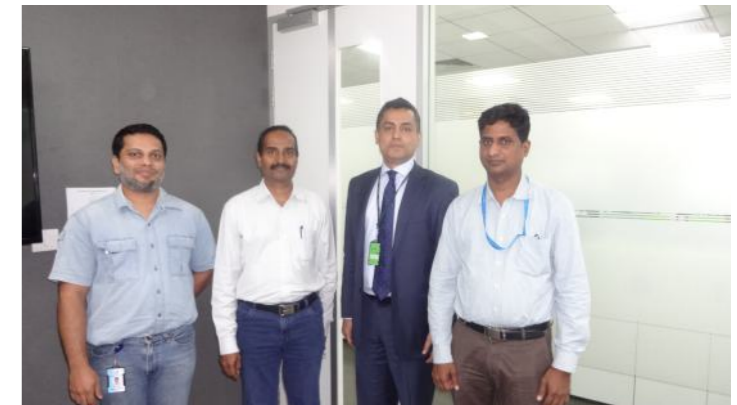
Synergy in Pictures



Synergy's 'Way Forward' meet 2015 - The three day meet was held recently in India and personified Synergy's vision as we move forward in today's complex and volatile maritime industry.



Owners visit - Cochin office



INTERTANKO visits Synergy

In loving Memory of



Capt. Swatantra Kumar Saxena, (ex STI Lexington) passed away after a brief illness at his hometown, Lucknow (India) on February 12, 2015. We will remember him as an hard working professional who was always ready to spare the energy and time to support young seafarers and comrades with his good advice.



Mr. Ramachandra Pathak, Chief Cook (ex Ningo Dawn) passed away after a brief illness on January 25, 2015. Senior team members from Chennai and Pune were present with the families in Lucknow and Mumbai to express Team Synergy's condolences and support to the bereaved families.

Happy employees make for a happy company!

Keeping this in mind, Synergy organised its annual 'Employee Day' at The Indeco Beach Resort in Mahabalipuram on December 12, 2014.

Team Synergy was welcomed at the resort with the beats of the Dhol and a welcome drink, what followed was a memorable day filled with fun and frolic.

Group events and games were organized and everyone participated in these with unmatched zeal and fervour. The loudest cheers though were heard in the contest where men were to dress up like women and vice versa!

The most memorable moment of the evening was when senior management took charge of the stage and shook a leg to a sensational and popular number. This drove the audience into frenzy and set the mood for an electrifying evening. The evening ended with delicious dinner and everyone bidding adieu to each other in high spirits and with contented hearts.



Team Cochin's 3rd Annual Day celebrations at the 'Venice of the east'

Team Kochi celebrated their 3rd Annual day on-board a house boat at Alleppey – the hub Kerala's backwaters, which is also known as the 'Venice of the east'.

The fun filled day comprised entertaining games and a few team members showed off their skills on the dance floor and unleashed their singing prowess and sang along to popular hits.

The fun filled day came to an end with a sumptuous traditional Kerala meal comprising Kappa with Fish curry.



Synergy Family Day

Team Synergy Singapore's - Family Day 2014 was held on November 22nd at the Super Bowl Mount Faber, Singapore.

Synergy Group employees and their families had a great time together at the venue with lots of fun over a keenly contested game of bowling. The kids were kept busy with a specially organized Magic show.

The action then shifted to the sumptuous lunch which was organized at the Marina Mandarin Hotel, which overlooks the Marina Bay and is home to the most unhindered views of the Singapore skyline!



Day of the Seafarer' 2015

Since the maiden Day of the Seafarer campaign in 2011, Synergy group has embarked on various stellar initiatives to educate people from all walks of life about the contribution seafarers have made in making the world a better place for each one of us, these initiatives have helped reach millions and have been appreciated by the International Maritime Organization as well!

Day of the seafarer 2015 is fast approaching. This year the International Maritime Organization is shifting its focus to maritime education. We want you to consider a career at sea. Most people go to work in offices, factories and shops, but it's a different picture for seafarers: an office can be a hundred thousand-ton oil tanker or a cargo ship navigating the world's oceans with beautiful landscapes.

Our campaign this year will focus on Maritime Education and will try and reach out to the next generation of (would be) seafarers through various innovative campaigns which are being planned. Watch this space for more!





Capt. Rohit Banta's son's Adit & Vir (second and fourth from left) participated in the Asia Cup Youth Football tournament, seen here they are receiving the trophy from former England and Manchester United star – Paul Parker.



Name : Master Vivaan Kohli
Class : LKG
S/O : Capt. Shikher Kohli (ex. Cala Pinguino)
Dressed as a Birthday Cake he came 2nd in the competition



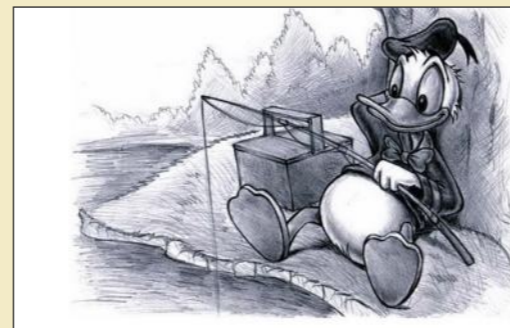
Name : Master Srinikesh
Class : 3rd Std
S/o : Capt. Hari Narasimman Aravamuthan
Master Srinikesh with his project for school exhibition



Name : Mr. Nitigya Kapoor
Class : 11th Std
S/O : Capt. Youvraj Kapoor (ex. Euro champion 2004)
Selected as School Head Boy for academic session 2015 - 2016



Name : Master Anagh Ambrose
Class : LKG
S/O : Mrs. Sheethal (Cochin office)
Fancy dress Competition



Name : Master Varun
Class : 10th Std
S/O : Mr. Suresh Kurup (Cochin Office)
Sketch by Master Varun



Name : Miss Tannaya Jain
Class : UKG
D/O : Mr. Vivek Jain (Cochin Office)
"Wealth out of waste"



Name : Master Daniel Joe
Class : LKG
S/O : Capt. Joe Francis (Chennai Office)
Got gold medal at the Annual Sports Day.

Our CSR Initiatives

Synergy's Annual Cancer Awareness Campaign

World Cancer Day is marked on February 4 to raise awareness about cancer and to encourage its prevention, detection, and treatment. One of the most powerful weapons against cancer is 'Information'!

In this regard, we launched our first 'Cancer Awareness Campaign' on Wednesday – 4th Feb, which also coincides with United Nation's 'World Cancer Day'. The theme of the campaign this year was 'It's not beyond us'! The hugely successful campaign was held simultaneously across all our offices.

In Chennai, Dr. S. Krishnan (Senior Consultant – Clinical Radiation and Oncology at Apollo specialty Hospital) was kind enough to volunteer to join us in a short discussion on the importance of early detection of this medical condition and maintaining a healthy lifestyle.



International Women's Day

International Women's Day (8 March) celebrates the economic, political and social achievements of women past, present and future. It is also the time to reflect on progress made, to call for change and to celebrate acts of courage and determination by ordinary women who have played an extraordinary role in the history of their countries and communities.

As a part of the International Women's day celebration, a small get together was organized followed by a visit to an old age home. We distributed sarees and sweets to all women in the old age home, following which we had an awesome lunch, which was organized for all women employees.

I was very happy and proud to be a part of the celebration and I wish all women in Synergy Group all the success and a Happy Women's Day!



Contributed by: Ms. Sonam. R
Technical Executive